



WIDOWS *of* **OPPORTUNITY**
"THERE IS HAPPINESS AFTER A LOSS"

P.O. Box 292162
Columbia, SC 29229
(803) 238-5301
www.widowsopportunity.com

For Immediate Release

October 9, 2017

Contact: Kimberly Richardson, Founder
Email: widowsopportunity@yahoo.com
Phone Number: (803) 238-5301

WIDOWS OF OPPORTUNITY HOSTS SECOND ANNUAL GRIEF DAY IN GEORGIA AND S.C.

Annual event offers support for those suffering from loss

Atlanta- Widows of Opportunity is hosting its second annual "Grief Day" on Wednesday, October 18, 2017 from 6:30 p.m. – 8:00 p.m. at 4290 Paces Ferry Road Southeast, Atlanta, Georgia. The goal of Grief Day is to provide a safe place for participants to explore and express their grief in a manner that brings comfort and healing.

Kimberly Richardson founded the Widows of Opportunity nonprofit after the loss of her husband. "As long as I am living, October is going to greet me. I'd rather spend this month giving back in the memory of my husband. There are so many people struggling who have no idea how to cope with their loss. That's what this event is all about," said Richardson.

"Grief Day" will educate those dealing with grief on how to properly grieve and put them on a path to healing. During this workshop, attendees will have the opportunity to share their thoughts in a safe and non-judgmental environment and establish new connections with those

-more-

who are suffering from loss. Some of the topics of discussion include: healthy and unhealthy grieving behaviors, overcoming guilt, ways to cope with anger, denial, facing your feelings and acceptance.

This event is free and open to the public, but donations are accepted. For more information, visit www.widowsfopportunity.com or call, Kimberly Richardson at (803) 238-5301.

About Widows of Opportunity

Widows of Opportunity was founded in 2011 by Jefferson Award winner, philanthropist and speaker Kimberly Richardson. Its mission is to help widows achieve self-sufficiency, become leaders of their homes/families and move forward on a positive path after coping with loss. Widows of Opportunity hosts monthly support group meetings for widows and widowers in Columbia, South Carolina and Atlanta, Georgia. WOO has served more than 50,000 widows and has been recognized in 34 states and eight countries for its efforts in helping those suffering from grief. The organization also provides one-on-one meetings with widows, emergency financial assistance and connects widows with resources to assist them with various life circumstances. WOO has reached over 400,000 widows through their website and online on Facebook, Twitter and Instagram at Widows of Opportunity. For more information on Widows of Opportunity, visit www.widowsfopportunity.com

###